



ICON KEY

Check our icons below and PuzzleArt™ Concept Basics

- AI** Auditory Integration
- AM** Amblyopia
- BC** Brain-Click-Connect™
- BI** Bilateral Integration
- CR** Creativity
- DI** Directionality
- FC** Form Constancy
- FF** One-Two Finger Follow
- FG** Figure/Ground
- ME** Memory
- OM** Oculomotor
- PP** PuzzleArt™ Protocol
- PV** Peripheral Vision
- SR** Spatial Relationships
- ST** Stereopsis
- TS** Thinking Skills
- VC** Visual Closure
- VD** Visual Discrimination
- VI** Visualization
- VM** Visual Motor

We hope you enjoy the many fun and challenging activities in Brain Builders Nation. The program utilizes PuzzleArt™ Therapy concepts and products for online use. Each One Minute Brain Builders activity can help you work with your population on therapeutic categories as indicated by our PuzzleArt™ Therapy icon key.

The PuzzleArt™ Therapy System and Brain Builders Nation use a holistic integrative approach to help people of all ages and abilities work on the improvement of twenty cognitive, oculomotor, sensory and perceptual skills. Users are engaged as they develop better focus, improve their ability to think outside the box, relax and more, while working with our colorful and fun approach.

The System is used in clinics, universities, K-12 schools, therapy offices, rehabilitation centers, private and military hospitals throughout the US as well as in 15 other countries. It is the first therapy to use colorful abstract fine art at its core. We hope you enjoy it.

Note: where **Brain-Click-Connect™** position, **PuzzleArt Sensory Protocol™** and **PuzzleArt One-Two Finger Follow™** are indicated, see Concept Basics.
Please read our easy instructions to familiarize yourself with our concepts and methods.

Alli Berman, PAT

is a Brain Fitness expert and the Brain Builders Nation Chief Creativity Officer. She has been an artist, author, educator, creativity consultant, workshop leader, and motivational speaker for the past 30 years. Berman is an educational advisor to the American Academy for Anti-Aging Medicine and the founder of Anti-Aging Art and Brain Fitness Art. Berman's art is exhibited in museums, galleries and corporate + private collections worldwide. Berman created her interactive PuzzleArt™ and concepts to help others. Thousands benefit from her art, professional development, creativity and educational programs. She uses the system she created to keep her own brain healthy, engaged, and challenged every day! BA/Edu + BA/Art Stony Brook Univ, MS/Abt Pratt Institute.

Susan Fisher, OD

is a developmental optometrist in private practice for 28 years in Westbury, NY. She has been providing vision care at The United Cerebral Palsy Association of Nassau County for 19 years and is the Past-President of the New York State Optometric Association. Susan received her Doctor of Optometry from the SUNY College of Optometry.

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