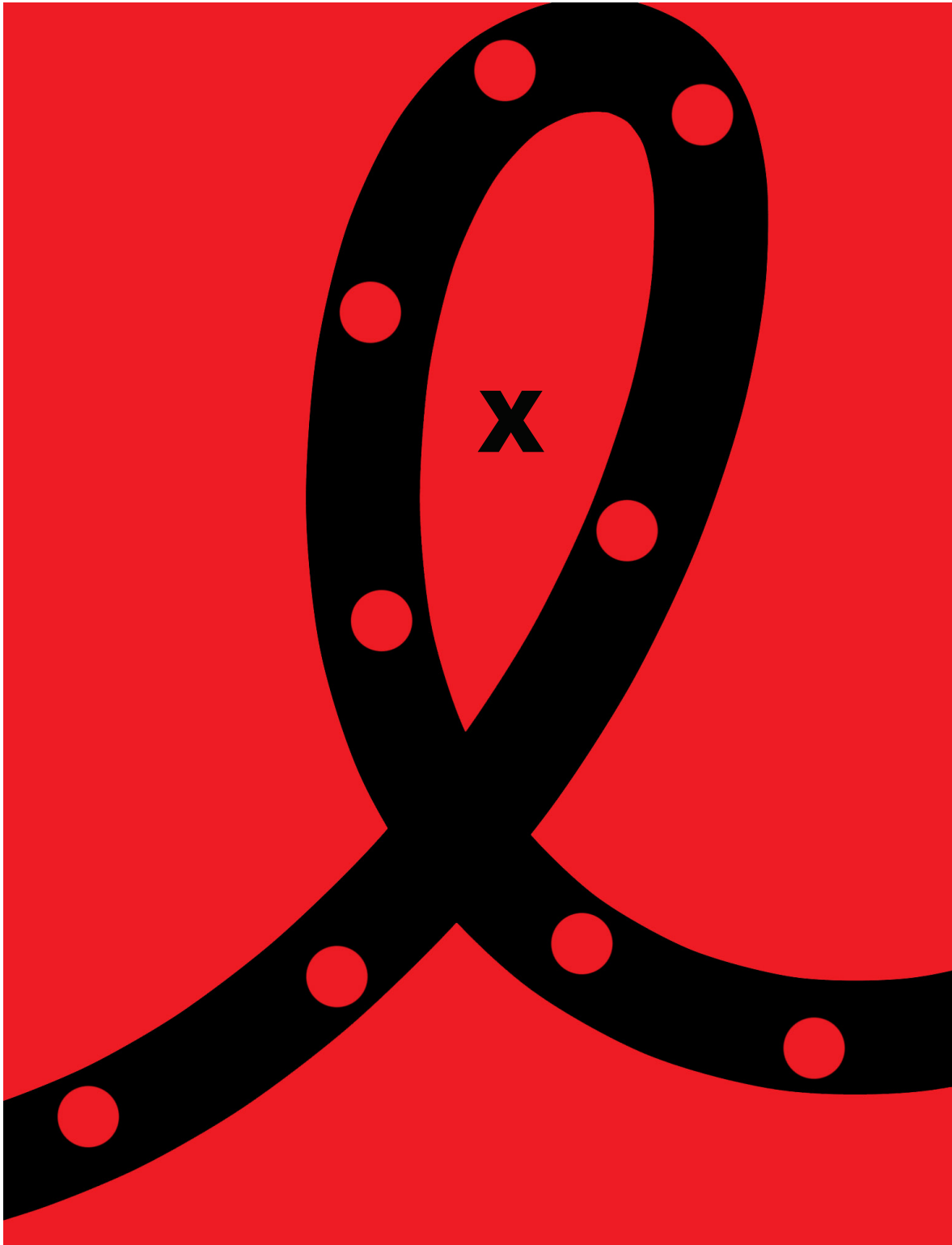


# One Minute Brain Builders™



BC

DI

OM

PV

ST

TS

VM

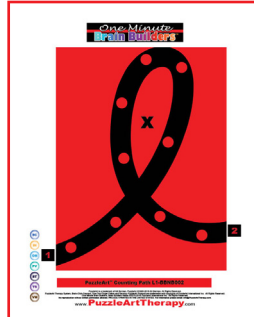
1

2

**PuzzleArt™ Counting Path L1-BBNB002**

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## **PuzzleArt™ Counting Path**

1. Follow the BLACK path with RED dots from 1 to 2.
  - A) Use your eyes only. Keep your head still.
  - B) Follow with a gentle exaggerated movement of your eyes and head.
  - C) Use the pointer finger on your dominant hand. Switch hands and repeat.
2. Follow the path from 1 to 2, and 2 to 1 with a pointer finger as you keep your head still and eyes on the Black X. Switch hands and repeat.
3. Follow each path from 1 to 2, then 2 to 1 using both pointer fingers in the Brain-Click-Connect™ position. Breath.
4. Using our PuzzleArt™ Sensory Protocol, tap as you count all the dots on the path.